



The Baru

Non-Gluten Containing Ingredients Menu

All dishes on this menu do not use gluten containing ingredients. Please ensure a staff member is aware of any dietary or allergy requirements.

PUB CLASSICS

Hunters Chicken £11.95
Grilled chicken breast wrapped in bacon, topped with cheese & barbecue sauce, homemade chips & salad

Scampi £11.95
With homemade chips

peas & coleslaw

GO LARGE £14.45

Lasagne £11.45

With homemade chips or salad

Gammon & Egg £11.45 With homemade chips & beans

Roast Ham & Egg £10.95 With homemade chips & beans

GO LARGE £11.95

Half Roast Chicken £11.45

& Homemade Chips

With peas & gravy or salad & coleslaw

Chilli & Rice £9.95

JACKET POTATOES

 Tuna Mayonnaise
 £7.45

 Cheese ∨
 £7.45

 Beans ∨
 £7.45

Chilli £7.45

Pulled Pork £7.45
All served with salad and coleslaw.

Additional toppings 85p: Beans, cheese, sweetcorn

BUILD YOUR OWN BARN SALAD

Salad Bowl V £6.95

Lettuce, tomato, cucumber onions & peppers

Choose your dressing:-

House (red wine vinegar & olive oil)

Honey & Mustard Balsamic Dressing

Choose toppings:-

 Ham
 + £2.50

 Coleslaw
 + £2.00

 Cheese
 + £2.00

 Sweetcorn
 + £1.00

 Tuna
 + £2.50

 Olives
 + £1.00

 Chicken
 + £3.00

Greek Topping + £2.50

(Olives & Feta)

Cheese V





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60Z BEEF BURGERS		Cheese & Ham	£5.45
Burger	£10.95	Bacon, Lettuce & Tomato	£5.45
Cheeseburger	£11.45	Tuna Mayonnaise	£5.45
BBQ Burger with bacon, cheese & BBQ sauce	£11.95	Tuna Mayonnaise & Cheese	£5.95
Extra Burger	£3.00	SIDES & LITE BITES	
meat patty		Homemade Chips V	£3.45
Double Decker Burger 2 x burgers, 2 x bacon, cheese	£15.45	Homemade Cheesy Chips	£4.25
HOT SANDWICHES / TOASTIES		Homemade Loaded £7 Chips	£7.95
All sandwiches / toasties served on gluten-free bread		Chilli & cheese Pulled Pork & Cheese	
Bacon	£4.45	Nachos All nachos served with sour	r
2000		cream, salsa, guacamole & jalapenos	
Add an Egg or grilled tomato	£1.00	with Cheese	£6.45
		with Chilli	£7.95
COLD SANDWICHES / TOASTIES		with Cheese & Chilli with Pulled Pork &	£8.45
All sandwiches / toasties served on gluten-free bread with salad garnish		with Pulled Pork & £8.45 Cheese	
& coleslaw.	saiad garnisn	Roasted Potatoes & Gravy	£4.45
		Coleslaw V	£2.50

V = Vegetarian. Our homemade chips are cooked in their own fryer and not in a fryer shared with other food. We have gluten in our kitchen, so while we always take good care, we cannot guarantee our food is gluten-free. We also use nuts and seeds liberally so therefore also cannot guarantee our food is nut free. FOOD ALLERGIES and INTOLERANCES - Please speak to our staff about the ingredients in your meal, when making your order. Thank you.

Side salad V

£2.50

£4.95